THE MOST **EXPENSIVE LIE IN CPG:**

WHY VOLUME **MISLEADS** AND HOW **TO SCORE PROMOTIONS BY PROFIT**

Introduction — The Lie That Wastes Millions

> "If volume is up, the promo worked."

That's the most expensive lie in CPG.

Brands

~20% of revenue 60-70%

of those

Why? Because teams still celebrate "lift" as success, when volume spikes hide the truth: margin destruction.

Volume is easy to see. Profit is harder to measure.

But profit is the only thing that pays salaries.

Why Volume Lies

Here are the six reasons lift misleads:













A P&L that looks worse even while the sales chart looks better.

The result?

Pantry loading

Tomorrow's sales dressed up as today's win.

Cannibalization You arew SKU A by killing SKU B.

Subsidy You paid discounts on units you would've sold anyway.

Retailers & distributors win, you lose visibility.

Forward buying

Execution leakage You paid for a promo that never actually ran.

Post-promo dip The handover that wrecks next month's margin.

Story: When Volume Lied

A brand ran a two-week discount:

10,000

Base units

22,000 (+120% sales lift)

Total promo units **TEAM REACTION:**

High quarter fives

Repeat next

On the P&L:

But here's what finance saw:

\$20,000

Baseline profit (no promo)

Promo profit (with discount + spend)

\$7,000

\$7,500 Cannibalization -\$20,500 Final incremental

ROI: -0.55X

\$20K lit on fire.

The Real Measure

On paper:

Sales doubled.

The metric that tells the truth

Incremental

Store-Week.

Profit per



This isolates what the promo added (or destroyed) vs. what would have happened without it.



It's the difference between

"celebrated lift" and profitable growth.

Benefits for CPG Teams



debating "was this speak the same good?"

Alignment Sales, trade, and finance

language.

Brands using this system cut 20-30% of wasted promos.

Efficiency

Clarity

Focus calendars on SCALE events, cut STOP events fast

